



THE 2017
UNOFFICIAL GUIDE TO
TRANS
RESOURCES
AT STANFORD

This is an unofficial guide to resources and information pertaining to trans and questioning students at Stanford. This resource guide is a constantly evolving collaborative effort between members of the trans community and the many offices, services, programs and organizations at Stanford committed to supporting them.

In this guide, we use the term “trans” as a broad umbrella term encompassing many and differing identities and experiences of gender outside of societal norms.

To connect with a community of trans-identified students, staff and faculty and their allies, join transgender@lists.stanford.edu

To contribute new or updated information to this resource guide, please contact transresourceguide@stanford.edu or the LGBT-CRC at lgbtcrc@stanford.edu.



COMMUNITY

While most student groups, on-campus event programming and other aspects of campus social life have continued to become more trans-inclusive, trans students can expect to find a thriving community built around:

Terra House

Terra House is the unofficial LGBTQ+-themed co-op on campus and hosts frequent community events including a quarterly all-campus party, weekly happy hours and a weekly event series on LGBTQ+ issues.

Contact: terrabitesteam@gmail.com

The LGBT Community Resource Center

The LGBT-CRC is a central gathering place for the LGBTQ+ community on campus to study, relax and host events. It features a library, computer cluster, complimentary printing and a large team of student staff.

Contact: lgbtcrc@stanford.edu

Trans And...

A weekly discussion and community group meeting on Mondays from 5:30 – 7pm at the LGBT-CRC.

Contact: Eisa Al-Shamma (egalshamma@stanford.edu)

COUNSELING & GUIDANCE

For students seeking emotional and mental health services, (trans)gender-related advice or support, many different organizations and services on campus can help.

Counseling and Psychological Services

CAPS is the university's counseling center dedicated to student mental health and well-being. Many CAPS clinicians and staffs have specialized training in providing trans-specific services and support. Contact: Inge Hansen (ihansen@stanford.edu) or schedule a Gender and Sexual Identities Visit through the Vaden Health Center Portal.

The Bridge Peer Counseling Center

Open for in-person drop by from 9AM to midnight and reachable 24/7 via phone, the student-run peer counseling center offers anonymous and confidential counseling from trained undergraduate and graduate students.

Contact: (650) 723-3392; 581 Capistrano Way

Community Centers

Every community center has student staff and resources for emotional support and advice.

See: <https://undergrad.stanford.edu/tutoring-support/>

TRANSITION + HEALTH

Transition refers broadly to any physical, mental, emotional or spiritual changes to align with a particular gendered identity or experience. While many trans people do not choose to transition, Stanford has resources for those students who decide to transition in some way during their time at Stanford.

Medical Transition

Answers to most questions related to Hormone Replacement Therapy, Gender Confirming Surgery and Sexual Health can be found in the Vaden Health Center's Interactive Student Transgender/Gender Expansive Health Resource Guide, found here:

<https://vaden.stanford.edu/health-resources/lgbtqia-health/>

Contact: Inge Hansen (ihansen@stanford.edu)

Social Transition

While there is no one way or set timeline to socially transition, it helps to have a network of supportive friends, staff and/or faculty during this process. We encourage students to seek out resources and community for assistance, guidance and support.

NAME AND/OR GENDER CHANGE

Trans students on campus have many options for changing their name and/or gender on university-wide documents and records. While many of these changes can be made without legal documentation, others (diploma, paychecks, financial aid, medical records) do require documentation.

Contact: Lori Gager (lgager@stanford.edu)

Changing Preferred Name and Gender Pronouns

To change the name that displays on Canvas, class rosters and other systems on campus, log into Axess and navigate to "Personal Information" in the top-right dropdown menu. Select "Preferred Name" for the "Name Type" option and enter in the name you would like to appear in the system. Alternatively, log into Axess and navigate to the "NameCoach" link under the STUDENT tab. Fill out the prompts with the name and/or the pronouns you would like to be referred by.

To change the name displayed on sent emails, navigate to Settings -> Accounts -> Send mail as: -> edit info and enter the preferred name.

New ID Card

To get an ID card that reflects a different name, go to the Student Services Center on the second floor of Tressider Memorial Union and ask for assistance from the ID Card Office.

Changing Legal Name

To change the name and/or gender displayed on a student diploma, paychecks and financial aid documentation, a student must bring official documentation of a name and/or gender change AND a government-issued photo ID with the new name and/or gender to the Student Services Center on the second floor of Tressider Memorial Union. Name/gender changes may take some time to be reflected on official documents.

To change the legal name and/or gender that appears on medical records, you will need to go to the Stanford Hospital (not Vaden Health Center) with documentation of a name and/or gender change AND a government-issued photo ID with the new name and/or gender.

Replacement Diplomas

To order a replacement diploma with a different name, fill out the Diploma Replacement Form, with check and legal documentation attached. (<https://stanford.app.box.com/v/diploma-replacement>)

Changing Alumni Records

To change the name and/or gender in the alumni database, email alumni-trans-record-updates@lists.stanford.edu for assistance. The alumni directory defaults to showing a former student's name as it appeared in the university registrar at the time of graduation. Alums can change this in their alumni directory account profile settings. Contact: Barbara Pugliese (bpugliese@stanford.edu), Leona Bassi (Leona.bassi@stanford.edu).

GENDER-INCLUSIVE RESTROOMS

Stanford University is aiming to have gender-inclusive single-occupancy restrooms in all buildings by 2020.

A map of all gender-inclusive bathrooms on campus can be found here: <https://lgbt.stanford.edu/resources/gender-neutral-bathrooms>

ACADEMIC RESOURCES

While academic resources on campus are generally clustered by department, many resources exist for trans students seeking trans-friendly and trans-inclusive academic experiences.

Feminist, Gender and Sexuality Studies

The FGSS Program at Stanford offers an undergraduate major, secondary major, minor and an interdisciplinary honors program. FGSS majors can declare an LGBT/Queer Studies subplan, though any student can take their courses. Popular courses include Transgender Cultural Studies (FEMGEN 118) and Narrating Queer Trauma (FEMGEN 116). A full list of LGBTQ+ courses can be found here: <http://feminist.stanford.edu/p-3061.html>

Studying Abroad

While a formal policy for trans students seeking to study abroad is still in development, many trans students choose to and enjoy studying abroad during their time at Stanford. Students looking into studying abroad should consider accommodations (family stay or dormitory-style?), cultural fit and safety in their decision.

Contact: Jonathan Fisk (jfisk.lbc@gmail.com).

Opportunities and Fellowships

Stanford provides many opportunities for trans students to pursue academic excellence, social good and beyond. Though the selection

of opportunities on campus is always changing, a few are highlighted below:

Diversity and First-Gen Office Student Staff

Contact: Dereca Blackmon (dereca@stanford.edu)

LGBT-CRC Student Staff

Contact: Ben Davidson (bendavid@stanford.edu)

Institute for Diversity in the Arts Community Arts Fellowship (Summer)

<https://diversityarts.stanford.edu/opportunities/community-arts-fellowships>

Haas Center for Public Service and Women's Community Center

Advancing Gender Equity Fellowship

<https://haas.stanford.edu/students/cardinal-quarter/fellowships/advancing-gender-equity-fellowship>

Haas Center for Public Service Huffington Pride Fellowship (Summer)

<https://haas.stanford.edu/students/cardinal-quarter/fellowships/huffington-pride-summer-fellowship>

TRANS-INCLUSIVE HOUSING

Many students find that looking for the perfect roommate can be difficult, and trans students are no different. Stanford Student Housing is here to help trans students from all years find the housing arrangements that work for them.

Frosh Program

For first-year students, roommate assignment is the result of an in-depth matching process. For prospective frosh with questions or concerns about roommate selection, email Edith Nguyen, associate dean for new and continuing students programs at edithwu@stanford.edu. Additionally, students who want their trans-specific concerns made a part of the matching process can write about them in the Approaching Stanford housing/roommate forms.

After roommate assignment, students can bring any questions or concerns to residential staff, residential fellows or resident deans.

Contact: Koren Bakkegard (kbakkega@stanford.edu),

Jennifer Calvert (jcalvert@stanford.edu),

Nathan Boswell (grak@stanford.edu)

Gender-Neutral Housing

After frosh year, students can choose to live in student residences where gender-neutral housing is available. For more information, see:

<https://rde.stanford.edu/studenthousing/gender-neutral-housing>

Cooperative Houses

Co-ops are student-managed residences in which residents jointly clean, cook and operate their houses. Residents in co-ops can usually opt into mixed-gender living arrangements. See:

<https://rde.stanford.edu/studenthousing/cooperative-houses>

The Draw

During draw season, information is usually made available for trans students looking for special housing accommodations.

Contact: Jennifer Padilla-Wong (padilla-wong@stanford.edu).

Housing Over Break

Stanford offers winter break housing at the Creekside Inn for students who cannot go home for compelling reasons. Stanford heavily subsidizes the cost of staying at the Creekside Inn, and Financial Aid is available for students requiring assistance.

Contact: Jennifer Padilla-Wong (padilla-wong@stanford.edu).

ATHLETICS

No formal restrictions exist for trans students looking to play club or recreational sports at Stanford. Stanford's official policy for trans varsity student athletes can be found here:

http://stanford_ftp.sidearmsports.com/Compliance/Inclusivity.pdf

Contact: Kristen Azevedo (Kristen.azevedo@stanford.edu)

GREEK LIFE

An official policy for trans students in Greek Life is in the process of being written.

Contact: Amanda Rodriguez (amrod@stanford.edu).

RELIGIOUS LIFE

Queerituality is a student group working to build bridges between LGBTQ+ and spiritual/religious communities at Stanford.

<https://queerituality.stanford.edu/>.

Contact: Rev. Jane Shaw (janeshaw@stanford.edu),

Rev. Joanne Sanders (revjojo@stanford.edu)

FINANCIAL AID

The Financial Aid Office is committed to supporting students from all backgrounds and circumstances, and provides confidential, accepting environments to discuss individual financial concerns.

Contact: Jeff Shelby (Shelby@stanford.edu).

Application instructions for undergraduates are at <http://financialaid.stanford.edu/undergrad/apply/>, and our application instructions for graduate students (except GSB, Law, and Medicine) seeking federal student loans are at <http://financialaid.stanford.edu/grad/apply/>.

GSB, Law, and Medicine students should contact the financial aid offices at their schools for instructions.

SEXUAL ASSAULT

Undergraduate and Graduate Students

Stanford has many resources for students seeking assistance on matters related to sexual harassment and assault. A comprehensive brochure on the resources and reporting options for students can be found here: <https://stanford.app.box.com/v/sexual-assault-resources>

For confidential support for students impacted by sexual assault or relationship violence, students can reach out to the Confidential Support Team from 8:30 a.m. to 5 p.m. M-F at 581 Capistrano Way, or call the 24/7 hotline at (650) 725-9955.

Contact: Nicole Wernimont (nwernimont@stanford.edu)

Postdocs

Postdocs seeking assistance can contact the Sexual Harassment Policy Office (<https://harass.stanford.edu/>, harass@stanford.edu).

Confidential care can be found at the Faculty and Staff Help Center (<https://cardinalatwork.stanford.edu/faculty-staff-help-center>, helpcenter@lists.stanford.edu)

DISCRIMINATION

Stanford prohibits discrimination on the basis of sex, sexual orientation and gender identity in the administration of its programs and activities. For help or advice concerning discrimination, students can reach out to a number of offices.

Diversity and Access Office

<https://diversityandaccess.stanford.edu/>

Contact: Rose Gonzalez (rgonzalez@stanford.edu, equalopportunity@stanford.edu)

Office of the Ombuds

<https://web.stanford.edu/dept/ombuds/>

Contact: David Rasch (ombuds@stanford.edu)

Office of the Ombuds (School of Medicine)

<http://med.stanford.edu/ombuds/>

Contact: James Laflin (jlaflin@stanford.edu)

Contributors:
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<https://weiland.stanford.edu/>

